
forgive me the spam, something you might find interesting

24 messages

Katharine Murphy <DrKMurphy@ieee.org>

Sat, Nov 9, 2024 at 12:26 AM

To: Katharine Murphy <drkmurphy@ieee.org>

Bcc: Admin - NIA <administrator@niaendingviolence.org.uk>, Alex Gluchowski <ag@matterlabs.com>, "NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)" <nicholsone2@parliament.uk>, Bernhard Elsner <bernhard.elsner@digitalasset.com>, info.consulate@fco.gov.uk, englishedition@elpais.es, JCC Information <president@javeacomputerclub.com>, Lauren.Ott2@met.police.uk

<https://www.youtube.com/watch?v=VIYsj4OgiYA>

Katharine Murphy <DrKMurphy@ieee.org>

Sun, Nov 10, 2024 at 3:08 PM

To: Lauren.Ott2@met.police.uk

Hi Lauren, if you're interested ...

I will be going to the Spanish police in Madrid again in January 2025 about this. I went this March, in Madrid, after threats to my life from teachers and staff at the conservatory of Denia and their friends/family. I had been to the police in Denia previously (Feb 2024) after a threat of violence on Twitter. They told me there was no crime, they weren't interested at all in fact, and maybe even insulted me.

I feel much safer sharing all this - feel free to share yourself - the Denia criminals/voyeurs appeared to have hacked my network way back in 2014/5, and this was including when I wrote my statement to you. In fact, we're certainly talking about mass voyeurism in Denia, but possibly also at national and international levels via MAC spoofing on targeted people/women which then go on p*rn networks, probably doxxed too (MAC addresses) ... information about the targets coming from the ISPs or telecommunication companies that provide the routers.

So, the "relationship" I was in with my piano teacher in Denia in 2014, which was just honey trap, and very sinister, including a threat of poisoning when I didn't want anything more to do with him because he was so violent and rude - this man is responsible for minors in his classes and has access to their phones (maybe I mentioned him to you at the time?) - well, he and his associates struck the p*rn jackpot somehow when I reported CSA, they've been tracking me ever since I believe, and even had a part to play in the Denia apartment I rented initially online in 2021/22, which appears to have been used for sexploitation (there were semen stains all over the sofa when I moved in, and people know things about me they could only know if they had visual access to me in my home) so I believe there are cameras in it (which I haven't been able to find).

They drugged me extensively (in class and at home, there's something up with the water/piping) with something that made me overwhelmingly sexually aroused - I am celibate since 2011 and have been totally uninterested in sex/relationships since then too - and other things which made me anxious and scared, while they gang stalked me at the conservatory (I returned to study the piano which I love) and in the streets of Denia. I'm getting a hair test done now from the UK, it goes 12 months back month by month to see what I was on. I was totally out of my mind!

It was going on much longer though, the "medicating", and even at class. Whatever they gave me at class in January 2023 gave me rhabdo, I could hardly walk down the stairs after class for the pain in my calves, and I probably have permanent kidney damage from that, which was a severe trauma, and the continued medicating.

I believe they have also been poisoning me with strychnine or similar at home through the water. It's tricky to find a way to get that analysed. I do have a sample for the police. It's just impossible to know if they'll bother doing anything and/or if I can trust them at all. I certainly can't in Denia.

Anyway. Sorry about all that. Horrendous isn't it. Hope you're well. All the best, Katharine

p.s. I was thinking about joining the Met again, I'm not yet 55 and I could join as a detective I believe now... I'm also pretty much completely over the PTSD which stopped me doing anything I wanted to for nearly all my life ... I also stood for election this year in Finchley & Golders Green for the Party of Women, and didn't come last :D

----- Forwarded message -----

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Fri, Nov 8, 2024 at 11:26 PM

Subject: forgive me the spam, something you might find interesting

To: Katharine Murphy <drkmurphy@ieee.org>

Katharine Murphy <DrKMurphy@ieee.org>
To: Lauren.Ott2@met.police.uk

Sun, Nov 10, 2024 at 4:50 PM

Also, I nearly forgot, they (the hackers whoever they are, probably a very large network) have the p*rn from 1989 with me in it. No doubt. They said things, posted things, only someone who had it could know.

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org>
To: Lauren.Ott2@met.police.uk
Cc: Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk, NationalStrategicBridgerTeam@met.police.uk

Sun, Nov 10, 2024 at 9:21 PM

Apologies for the mass spam... it's impossible to know who to contact with regards to this ...

They have been communicating with me via false Twitter accounts (please read the thread). I'm sure they have a keylogger on my laptop as they post an account with details of messages I've just sent right after I do so. I just got an account with a picture of my brother as profile pic and RIP in the name...

I consider it a threat.

Robert (my brother) is in the UK. I wouldn't be surprised if these criminal gangs with close links to Denia, Alicante, Spain are also based in the UK.

Please forward to whoever needs to know. I'm in Thailand till January but available. Thank you.

[Quoted text hidden]

2 attachments



image_123655411.JPG
377K



image_123650291.JPG
142K

Katharine Murphy <DrKMurphy@ieee.org>
To: Lauren.Ott2@met.police.uk
Cc: Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk, NationalStrategicBridgerTeam@met.police.uk

Thu, Dec 5, 2024 at 9:02 PM

statement-bhw.pages.dev
you will find other stuff in here interesting, or someone will

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org>

Sat, Dec 14, 2024 at 11:09 AM

To: Lauren.Ott2@met.police.uk

Cc: Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk,
NationalStrategicBridgerTeam@met.police.uk

<https://statement-bhw.pages.dev/timeline/2024/june/#election-campaign>

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org>

Sun, Dec 15, 2024 at 11:38 PM

To: Lauren.Ott2@met.police.uk

Cc: Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk,
NationalStrategicBridgerTeam@met.police.uk

A woman called Janet, a dubious volunteer on my election campaign, and should be a paid member of PoW, calls herself "So", has likely leaked all the info to Hazel Smith in Denia already.

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org>

Sun, Dec 15, 2024 at 11:39 PM

To: Lauren.Ott2@met.police.uk

Cc: Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk,
NationalStrategicBridgerTeam@met.police.uk

07479467836 <- her number

[Quoted text hidden]

Lauren.Ott2@met.police.uk <Lauren.Ott2@met.police.uk>

Tue, Dec 17, 2024 at 4:02 PM

To: DrKMurphy@ieee.org

Good morning Katharine,

I have just seen your email and wanted to reply to give you the correct advice. If you are making a new allegation of crime you need to report this and go through the correct procedure. You need to report this to your local police station where ever you may be.

The investigation which I was involved in was closed and any new allegations have to be reported accordingly. You can't directly email officers because things could get missed. As like myself many officers have moved departments/ left etc.

I hope this makes sense and I wish you well.

Kind regards,

Lauren

[Quoted text hidden]

NOTICE - This email and any attachments are solely for the intended recipient and may be confidential. If you have received this email in error, please notify the sender and delete it from your system. Do not use, copy or disclose the information contained in this email or in any attachment without the permission of the sender. Metropolitan Police Service (MPS) communication systems are monitored to the extent permitted by law and any email and/or attachments may be read by monitoring staff. Only specified personnel are authorised to conclude binding agreements on behalf of the MPS by email and no responsibility is accepted for unauthorised agreements reached with other personnel. While reasonable precautions have been taken to ensure no viruses are present in this email, its security and that of any attachments cannot be guaranteed.

Katharine Murphy <DrKMurphy@ieee.org>

Wed, Jan 1, 2025 at 7:23 PM

To: Lauren.Ott2@met.police.uk

Cc: Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk, NationalStrategicBridgerTeam@met.police.uk

I think it's highly likely I will be murdered next week on my return to Spain.

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org>

Sun, Jun 8, 2025 at 6:39 PM

To: Lauren.Ott2@met.police.uk, Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk, NationalStrategicBridgerTeam@met.police.uk

Cc: "NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)" <nicholsone2@parliament.uk>, Mark Shooter <chair.barnet@reformuk.com>

Thanks Lauren for your mail explaining I should go to the police in the normal way.

I did that. In Spain they dismissed me multiple times and told me to get evidential proof before they would examine my devices or test any samples.

The UK police came round in January when I got home and barked at me for 20 minutes about why there was nothing to report, no crime. They'd obviously been told to do that.

In the meantime, I'm reporting that the British and Spanish criminals of Denia and North London were flashing up child porn with me in it on my hacked devices, in order to terrorize me and let me know what they have. I have described what I saw clearly in my book.

So when you get hold of it, if you haven't already, you will know I'm telling the truth and not just a dreadful inconvenience to everyone, although I may still be a dreadful inconvenience to everyone I suppose. Perhaps that's going to be a really good thing.

I'm concerned my home network and family are targets and have been for years also particularly my mum who seems to be "entranced" by social media and is always buying some supplement or other online and is suffering all sort of ill health.

You may remember Jan, when I reported a man coming up to me on Trinity Road in a threatening way, and nearly putting his hand in my bag at Christmas 2018. He scurried off when my neighbour came out. The thing about this was I had a large wad of cash at the top of my open bag, next to my mobile, as I mentioned. You dismissed him as a drunk but it wasn't that. He was going to rob me. He knew I had money in my bag. There's only one way he could have known.

I've been watched for decades. Probably since I got the Lockerbie payout which is what Hazel and Sandra and their Spanish accomplices were after in 2006, and more recently because I made a lot of money working.

I suspect worse for me in Denia; a live spy-cam porn target they can interact with online, or similar. Really really evil stuff that pays for their fast sports cars they're all driving over there in the little town where there's no jobs.

My cousin Leah who got far more than me was honey-trapped also, I assume by the same gang, and they could have syphoned off half a million over the last two decades from her. I don't put anything past them. And you know exactly who Hazel and Sandra Smith are, and their brother, all of whom continue on, business as usual.

It's really really hard to hold this all on my own. I have God but I feel utterly overwhelmed by everything. I do not feel safe in the UK or Spain, or France for that matter. Indeed, anywhere they can get hold of me. I tried to get asylum in Israel but I wasn't able to access the website.

I tell normal people and they are SOOO upset by my story, in particular the fact that I'm constantly dismissed. I stop telling people because it upsets them so much. They can read about it if they want.

I'm tired of this but will continue to detail everything that happened to me in Denia in my book.

The other thing, of course, and most important, is that the whole town of Denia, perhaps the region, knows everything about me. I spoke to a Spanish government official and she spoke to her "sister" in La Sella and basically told me that everyone knows exactly who I am and why I was targeted, which is that they've all seen or heard about the repeated rape-gang porn I was in in 1989 with a bunch of black men gang raping me while I was sedated. Once I was on a table - I believe coming-to on a table was in my 2015 statement. Once on kitchen chairs - that too was in both statements. There'll be more.

Their backwards and severely misogynist society justified terrorizing me due to my experience. They all know. They've all seen the videos, likely too me masturbating in my flat when they drugged me with something through the water or

otherwise that made me extraordinarily sexually aroused. Sounds incredible but I have no other explanation and it's weird no-one wanted to investigate something so serious, don't you think, when I had samples and the people involved work closely with children at the conservatory and indeed across the whole Valencian region as music teachers.

Also weird that the UK police third-party drug test I paid for came back completely clear on a hair sample and then lost the other sample because I knew it couldn't be possible and so asked them to repeat it. Adams again?

Remember. It's very easy to write women off, especially when they're being drugged and/or terrorized, but can you write off this sort of thing? Really? It's too big now surely.

The story has to come out eventually. When it does, is everyone going to look like they've been supporting the rape-gangs of Tottenham and by default British criminal gangs, as I mentioned probably the Adams Family which I have evidence again for from things (people popping up, saying things, things teachers in Denia told me, things they told me online, they're very bold) things I remembered since 2005?

I appreciate there may be an investigation going on, and yes they're still hacking this laptop where I'm writing now, but I can't go on much longer on my own. It feels like everyone's waiting for me to have a nervous breakdown, like you would imagine someone in my position would have probably had a long long time ago ...

That's not going to happen.

My book in process: [Preface - Fear & loathing in Las Marinas](https://fearandloathinginlasmarinas.com/) an investigator's gold mine
<https://fearandloathinginlasmarinas.com/>

[Quoted text hidden]

NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)

Mon, Jun 9, 2025 at
2:29 AM

<NICHOLSONE2@parliament.uk>

To: Katharine Murphy <DrKMurphy@ieee.org>, "Lauren.Ott2@met.police.uk" <Lauren.Ott2@met.police.uk>, "Marc.Cash@met.police.uk" <Marc.Cash@met.police.uk>, "Jan.Lovell@met.police.uk" <Jan.Lovell@met.police.uk>, Cadden Charlotte - Parliamentary & Diplomatic Protection <charlotte.cadden@met.police.uk>, "NationalStrategicBridgerTeam@met.police.uk" <NationalStrategicBridgerTeam@met.police.uk>
Cc: Mark Shooter <chair.barnet@reformuk.com>

Dear Ms Murphy Lauren,

I am sorry that you are in a troubling situation and that your family and friends are unable to help.

I apologise but unfortunately your problems are not within my present political agenda nor in my area of competence, for which I apologise.

I am simply not able to offer advice or help and can only wish you an early improvement of your problems with the help of others.

With all good wishes,
Baroness Nicholson of Winterbourne

Sent from [Outlook for iOS](#)

From: Katharine Murphy <DrKMurphy@ieee.org>

Sent: Sunday, June 8, 2025 11:39:17 AM

To: Lauren.Ott2@met.police.uk <Lauren.Ott2@met.police.uk>; Marc.Cash@met.police.uk <Marc.Cash@met.police.uk>; Jan.Lovell@met.police.uk <Jan.Lovell@met.police.uk>; Cadden Charlotte - Parliamentary & Diplomatic Protection <charlotte.cadden@met.police.uk>; NationalStrategicBridgerTeam@met.police.uk <NationalStrategicBridgerTeam@met.police.uk>

Cc: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>; Mark Shooter <chair.barnet@reformuk.com>

[Quoted text hidden]

[Quoted text hidden]

UK Parliament Disclaimer: this e-mail is confidential to the intended recipient. If you have received it in error, please notify the sender and delete it from your system. Any unauthorised use, disclosure, or copying is not permitted. This e-mail has been checked for viruses, but no liability is accepted for any damage caused by any virus transmitted by this e-mail. This e-mail address is not secure, is not encrypted and should not be used for sensitive data.

Katharine Murphy <DrKMurphy@ieee.org>

Mon, Jun 9, 2025 at 3:11 AM

To: "NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)" <NICHOLSONE2@parliament.uk>

Thank you <3
[Quoted text hidden]

NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)
<NICHOLSONE2@parliament.uk>
To: Katharine Murphy <DrKMurphy@ieee.org>

Mon, Jun 9, 2025 at 4:49 AM

Pleasure - keep getting happier little by little please

Sent from Outlook for iOS

From: Katharine Murphy <DrKMurphy@ieee.org>
Sent: Sunday, June 8, 2025 8:11:48 PM
To: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>
[Quoted text hidden]

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org> Mon, Jun 9, 2025 at 3:45 PM
To: "NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)" <NICHOLSONE2@parliament.uk>

miraculously, usually I'm happy ... sometimes it just gets so overwhelming ...
the worst is when I tell someone what's happening and they become inconsolable, usually women, usually because something i've said triggers them .. and then I realize again how outrageous it is i'm dealing with all this all alone
With love, Katharine
[Quoted text hidden]

NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)
<NICHOLSONE2@parliament.uk>
To: Katharine Murphy <DrKMurphy@ieee.org>

Mon, Jun 9, 2025 at 4:47 PM

Katharine,
If you were my constituent I would ask you to follow my suggestions implicitly.

Sent from Outlook for iOS

From: Katharine Murphy <DrKMurphy@ieee.org>
Sent: Monday, June 9, 2025 8:45:12 AM
[Quoted text hidden]

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org> Mon, Jun 9, 2025 at 5:00 PM
To: "NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)" <NICHOLSONE2@parliament.uk>

And the suggestion is to do nothing? To be happy? I am. To take dancing and music courses? I do this anyway.

To see a doctor? Not necessary.

To live through a continual hell born of woman-hating from rape-gangs in 1989 to porn-gangs in 2025, and it never ends?

Few survive this, statistically. But there are many 1000s of us; here and in Spain.

I have God.

And I practice a trauma therapy which builds resilience.
[Quoted text hidden]

NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)
<NICHOLSONE2@parliament.uk>
To: Katharine Murphy <DrKMurphy@ieee.org>

Mon, Jun 9, 2025 at 7:25 PM

Warmest good wishes always Emma

Sent from Outlook for iOS

From: Katharine Murphy <DrKMurphy@ieee.org>

Sent: Monday, June 9, 2025 10:00:01 AM

[Quoted text hidden]

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org>

Mon, Jun 9, 2025 at 8:11 PM

To: "NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)" <NICHOLSONE2@parliament.uk>

Thank you <3 and to you.

[Quoted text hidden]

Katharine Murphy <DrKMurphy@ieee.org>

Fri, Jan 30, 2026 at 5:25 PM

To: Lauren.Ott2@met.police.uk, Marc.Cash@met.police.uk, Jan.Lovell@met.police.uk, Charlotte.Cadden@met.police.uk, NationalStrategicBridgerTeam@met.police.uk

Cc: Mark Shooter <chair.barnet@reformuk.com>, care@thetimes.com, sanchez@thetimes.com, josephine@jobartosch.co.uk

Hello again,

The porn-gangs of Denia and North London have tried to murder me three times by poisoning now.

I'm still here.

I guess everyone's waiting for them to eventually succeed, or for me to top myself after finding out my Northern Irish spy-husband father starred in one of their sedated specials in 2015.

I tried to apply for asylum in Israel but my computer is so hacked I didn't stand a chance.

Anyway.

I guess you know I'm writing everything I know online in the hope that someone might care one day about children in Spain, and child safeguarding generally again...

Oh, they brain-damaged me so that they could set up what they call "switcheroo porn" at the music school: [Vidal Sastre Sanchez Hornero - Fear & loathing in Las Marinas](#) ... perhaps some of you know about that sort of thing...

I have a lot of God, it seems.

With love,

Katharine

[Quoted text hidden]

Mail Delivery Subsystem <mailer-daemon@googlemail.com>

Fri, Jan 30, 2026 at 5:26 PM

To: drkmurphy@ieee.org



Address not found

Your message wasn't delivered to **sanchez@thetimes.com** because the address couldn't be found, or is unable to receive mail.

The response from the remote server was:

550 5.1.1 User Unknown

Final-Recipient: rfc822; sanchez@thetimes.com

Action: failed

Status: 5.1.1

Remote-MTA: dns; mx01-00596a01.gslb.pphosted.com. (205.220.182.48, the server for the domain thetimes.com.)

Diagnostic-Code: smtp; 550 5.1.1 User Unknown

Last-Attempt-Date: Fri, 30 Jan 2026 01:26:03 -0800 (PST)



noname
5K

Mail Delivery Subsystem <mailer-daemon@googlemail.com>
To: drkmurphy@ieee.org

Fri, Jan 30, 2026 at 5:26 PM



Address not found

Your message wasn't delivered to **josephine@jobartosch.co.uk** because the address couldn't be found, or is unable to receive mail.

The response from the remote server was:

550 Mailbox does not exist. If this is a new account, please allow 30 minutes for setup.

Final-Recipient: rfc822; josephine@jobartosch.co.uk

Action: failed

Status: 5.7.0

Remote-MTA: dns; mx.stackmail.com. (185.151.28.67, the server for the domain jobartosch.co.uk.)

Diagnostic-Code: smtp; 550-Mailbox does not exist. If this is a new account, please allow 30 minutes 550 for setup.

Last-Attempt-Date: Fri, 30 Jan 2026 01:26:03 -0800 (PST)

 **noname**
5K

Katharine Murphy <DrKMurphy@ieee.org>
To: feedback@thetimes.co.uk

Fri, Jan 30, 2026 at 5:55 PM

Please forward these to Sanchez Manning.

Katharine Murphy
[Summary - Fear & loathing in Las Marinas](#)

Forwarded Conversation

Subject: forgive me the spam, something you might find interesting

From: **Katharine Murphy** <DrKMurphy@ieee.org>
Date: Fri, Nov 8, 2024 at 4:26 PM
To: Katharine Murphy <drkmurphy@ieee.org>

<https://www.youtube.com/watch?v=VIYsj4OgiYA>

From: **Katharine Murphy** <DrKMurphy@ieee.org>
Date: Sun, Nov 10, 2024 at 7:08 AM
To: <Lauren.Ott2@met.police.uk>

Hi Lauren, if you're interested ...

I will be going to the Spanish police in Madrid again in January 2025 about this. I went this March, in Madrid, after threats to my life from teachers and staff at the conservatory of Denia and their friends/family. I had been to the police in Denia previously (Feb 2024) after a threat of violence on Twitter. They told me there was no crime, they weren't interested at all in fact, and maybe even insulted me.

I feel much safer sharing all this - feel free to share yourself - the Denia criminals/voyeurs appeared to have hacked my network way back in 2014/5, and this was including when I wrote my statement to you. In fact, we're certainly talking about mass voyeurism in Denia, but possibly also at national and international levels via MAC spoofing on targeted people/women which then go on p*rn networks, probably doxxed too (MAC addresses) ... information about the targets coming from the ISPs or telecommunication companies that provide the routers.

So, the "relationship" I was in with my piano teacher in Denia in 2014, which was just honey trap, and very sinister, including a threat of poisoning when I didn't want anything more to do with him because he was so violent and rude - this man is responsible for minors in his classes and has access to their phones (maybe I mentioned him to you at the time?) - well, he and his associates struck the p*rn jackpot somehow when I reported CSA, they've been tracking me ever since I believe, and even had a part to play in the Denia apartment I rented initially online in 2021/22, which appears to have been used for sexploitation (there were semen stains all over the sofa when I moved in, and people know things about me they could only know if they had visual access to me in my home) so I believe there are cameras in it (which I haven't been able to find).

They drugged me extensively (in class and at home, there's something up with the water/piping) with something that made me overwhelmingly sexually aroused - I am celibate since 2011 and have been totally uninterested in sex/relationships since then too - and other things which made me anxious and scared, while they gang stalked me at the conservatory (I returned to study the piano which I love) and in the streets of Denia. I'm getting a hair test done now from the UK, it goes 12 months back month by month to see what I was on. I was totally out of my mind!

It was going on much longer though, the "medicating", and even at class. Whatever they gave me at class in January 2023 gave me rhabdo, I could hardly walk down the stairs after class for the pain in my calves, and I probably have permanent kidney damage from that, which was a severe trauma, and the continued medicating.

I believe they have also been poisoning me with strychnine or similar at home through the water. It's tricky to find a way to get that analysed. I do have a sample for the police. It's just impossible to know if they'll bother doing anything and/or if I can trust them at all. I certainly can't in Denia.

Anyway. Sorry about all that. Horrendous isn't it. Hope you're well. All the best, Katharine

p.s. I was thinking about joining the Met again, I'm not yet 55 and I could join as a detective I believe now... I'm also pretty much completely over the PTSD which stopped me doing anything I wanted to for nearly all my life ... I also stood for election this year in Finchley & Golders Green for the Party of Women, and didn't come last :D

----- Forwarded message -----

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Fri, Nov 8, 2024 at 11:26 PM

Subject: forgive me the spam, something you might find interesting

To: Katharine Murphy <drkmurphy@ieee.org>

<https://www.youtube.com/watch?v=VIYsj4OgiYA>

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Sun, Nov 10, 2024 at 8:50 AM

To: <Lauren.Ott2@met.police.uk>

Also, I nearly forgot, they (the hackers whoever they are, probably a very large network) have the p*rn from 1989 with me in it. No doubt. They said things, posted things, only someone who had it could know.

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Sun, Nov 10, 2024 at 1:21 PM

To: <Lauren.Ott2@met.police.uk>

Cc: <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>

Apologies for the mass spam... it's impossible to know who to contact with regards to this ...

They have been communicating with me via false Twitter accounts (please read the thread). I'm sure they have a keylogger on my laptop as they post an account with details of messages I've just sent right after I do so. I just got an account with a picture of my brother as profile pic and RIP in the name...

I consider it a threat.

Robert (my brother) is in the UK. I wouldn't be surprised if these criminal gangs with close links to Denia, Alicante, Spain are also based in the UK.

Please forward to whoever needs to know. I'm in Thailand till January but available. Thank you.

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Thu, Dec 5, 2024 at 1:02 PM

To: <Lauren.Ott2@met.police.uk>

Cc: <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>

statement-bhw.pages.dev

you will find other stuff in here interesting, or someone will

From: **Katharine Murphy** <DrKMurphy@ieee.org>
Date: Sat, Dec 14, 2024 at 3:09 AM
To: <Lauren.Ott2@met.police.uk>
Cc: <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>

<https://statement-bhw.pages.dev/timeline/2024/june/#election-campaign>

From: **Katharine Murphy** <DrKMurphy@ieee.org>
Date: Sun, Dec 15, 2024 at 3:38 PM
To: <Lauren.Ott2@met.police.uk>
Cc: <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>

A woman called Janet, a dubious volunteer on my election campaign, and should be a paid member of PoW, calls herself "So", has likely leaked all the info to Hazel Smith in Denia already.

From: **Katharine Murphy** <DrKMurphy@ieee.org>
Date: Sun, Dec 15, 2024 at 3:39 PM
To: <Lauren.Ott2@met.police.uk>
Cc: <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>

07479467836 <- her number

From: <Lauren.Ott2@met.police.uk>
Date: Tue, Dec 17, 2024 at 8:02 AM
To: <DrKMurphy@ieee.org>

Good morning Katharine,

I have just seen your email and wanted to reply to give you the correct advice. If you are making a new allegation of crime you need to report this and go through the correct procedure. You need to report this to your local police station where ever you may be.

The investigation which I was involved in was closed and any new allegations have to be reported accordingly. You can't directly email officers because things could get missed. As like myself many officers have moved departments/ left etc.

I hope this makes sense and I wish you well.

Kind regards,

Lauren

NOTICE - This email and any attachments are solely for the intended recipient and may be confidential. If you have

received this email in error, please notify the sender and delete it from your system. Do not use, copy or disclose the information contained in this email or in any attachment without the permission of the sender. Metropolitan Police Service (MPS) communication systems are monitored to the extent permitted by law and any email and/or attachments may be read by monitoring staff. Only specified personnel are authorised to conclude binding agreements on behalf of the MPS by email and no responsibility is accepted for unauthorised agreements reached with other personnel. While reasonable precautions have been taken to ensure no viruses are present in this email, its security and that of any attachments cannot be guaranteed.

From: **Katharine Murphy** <DrKMurphy@ieee.org>
Date: Wed, Jan 1, 2025 at 11:23 AM
To: <Lauren.Ott2@met.police.uk>
Cc: <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>

I think it's highly likely I will be murdered next week on my return to Spain.

From: **Katharine Murphy** <DrKMurphy@ieee.org>
Date: Sun, Jun 8, 2025 at 11:39 AM
To: <Lauren.Ott2@met.police.uk>, <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>
Cc: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <nicholsone2@parliament.uk>, Mark Shooter <chair.barnet@reformuk.com>

Thanks Lauren for your mail explaining I should go to the police in the normal way.

I did that. In Spain they dismissed me multiple times and told me to get evidential proof before they would examine my devices or test any samples.

The UK police came round in January when I got home and barked at me for 20 minutes about why there was nothing to report, no crime. They'd obviously been told to do that.

In the meantime, I'm reporting that the British and Spanish criminals of Denia and North London were flashing up child porn with me in it on my hacked devices, in order to terrorize me and let me know what they have. I have described what I saw clearly in my book.

So when you get hold of it, if you haven't already, you will know I'm telling the truth and not just a dreadful inconvenience to everyone, although I may still be a dreadful inconvenience to everyone I suppose. Perhaps that's going to be a really good thing.

I'm concerned my home network and family are targets and have been for years also particularly my mum who seems to be "entranced" by social media and is always buying some supplement or other online and is suffering all sort of ill health.

You may remember Jan, when I reported a man coming up to me on Trinity Road in a threatening way, and nearly putting his hand in my bag at Christmas 2018. He scurried off when my neighbour came out. The thing about this was I had a large wad of cash at the top of my open bag, next to my mobile, as I mentioned. You dismissed him as a drunk but it wasn't that. He was going to rob me. He knew I had money in my bag. There's only one way he could have known.

I've been watched for decades. Probably since I got the Lockerbie payout which is what Hazel and Sandra and their Spanish accomplices were after in 2006, and more recently because I made a lot of money working.

I suspect worse for me in Denia; a live spy-cam porn target they can interact with online, or similar. Really really evil stuff that pays for their fast sports cars they're all driving over there in the little town where there's no jobs.

My cousin Leah who got far more than me was honey-trapped also, I assume by the same gang, and they could have syphoned off half a million over the last two decades from her. I don't put anything past them. And you know exactly who Hazel and Sandra Smith are, and their brother, all of whom continue on, business as usual.

It's really really hard to hold this all on my own. I have God but I feel utterly overwhelmed by everything. I do not feel safe in the UK or Spain, or France for that matter. Indeed, anywhere they can get hold of me. I tried to get asylum in Israel but I wasn't able to access the website.

I tell normal people and they are SOOO upset by my story, in particular the fact that I'm constantly dismissed. I stop telling people because it upsets them so much. They can read about it if they want.

I'm tired of this but will continue to detail everything that happened to me in Denia in my book.

The other thing, of course, and most important, is that the whole town of Denia, perhaps the region, knows everything about me. I spoke to a Spanish government official and she spoke to her "sister" in La Sella and basically told me that everyone knows exactly who I am and why I was targeted, which is that they've all seen or heard about the repeated rape-gang porn I was in in 1989 with a bunch of black men gang raping me while I was sedated. Once I was on a table - I believe coming-to on a table was in my 2015 statement. Once on kitchen chairs - that too was in both statements. There'll be more.

Their backwards and severely misogynist society justified terrorizing me due to my experience. They all know. They've all seen the videos, likely too me masturbating in my flat when they drugged me with something through the water or otherwise that made me extraordinarily sexually aroused. Sounds incredible but I have no other explanation and it's weird no-one wanted to investigate something so serious, don't you think, when I had samples and the people involved work closely with children at the conservatory and indeed across the whole Valencian region as music teachers.

Also weird that the UK police third-party drug test I paid for came back completely clear on a hair sample and then lost the other sample because I knew it couldn't be possible and so asked them to repeat it. Adams again?

Remember. It's very easy to write women off, especially when they're being drugged and/or terrorized, but can you write off this sort of thing? Really? It's too big now surely.

The story has to come out eventually. When it does, is everyone going to look like they've been supporting the rape-gangs of Tottenham and by default British criminal gangs, as I mentioned probably the Adams Family which I have evidence again for from things (people popping up, saying things, things teachers in Denia told me, things they told me online, they're very bold) things I remembered since 2005?

I appreciate there may be an investigation going on, and yes they're still hacking this laptop where I'm writing now, but I can't go on much longer on my own. It feels like everyone's waiting for me to have a nervous breakdown, like you would imagine someone in my position would have probably had a long long time ago ...

That's not going to happen.

My book in process: [Preface - Fear & loathing in Las Marinas](https://fearandloathinginlasmarinas.com/) an investigator's gold mine
<https://fearandloathinginlasmarinas.com/>

From: **NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)** <NICHOLSONE2@parliament.uk>
Date: Sun, Jun 8, 2025 at 7:29 PM
To: Katharine Murphy <DrKMurphy@ieee.org>, Lauren.Ott2@met.police.uk <Lauren.Ott2@met.police.uk>, Marc.Cash@met.police.uk <Marc.Cash@met.police.uk>, Jan.Lovell@met.police.uk <Jan.Lovell@met.police.uk>, Cadden Charlotte - Parliamentary & Diplomatic Protection <charlotte.cadden@met.police.uk>, NationalStrategicBridgerTeam@met.police.uk <NationalStrategicBridgerTeam@met.police.uk>
Cc: Mark Shooter <chair.barnet@reformuk.com>

Dear Ms Murphy Lauren,
I am sorry that you are in a troubling situation and that your family and friends are unable to help.
I apologise but unfortunately your problems are not within my present political agenda nor in my area of competence, for which I apologise.
I am simply not able to offer advice or help and can only wish you an early improvement of your problems with the help of others.

With all good wishes,
Baroness Nicholson of Winterbourne

Sent from [Outlook for iOS](#)

From: Katharine Murphy <DrKMurphy@ieee.org>
Sent: Sunday, June 8, 2025 11:39:17 AM
To: Lauren.Ott2@met.police.uk <Lauren.Ott2@met.police.uk>; Marc.Cash@met.police.uk <Marc.Cash@met.police.uk>; Jan.Lovell@met.police.uk <Jan.Lovell@met.police.uk>; Cadden Charlotte -

Parliamentary & Diplomatic Protection <charlotte.cadden@met.police.uk>; NationalStrategicBridgerTeam@met.police.uk <NationalStrategicBridgerTeam@met.police.uk>

Cc: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>; Mark Shooter <chair.barnet@reformuk.com>

UK Parliament Disclaimer: this e-mail is confidential to the intended recipient. If you have received it in error, please notify the sender and delete it from your system. Any unauthorised use, disclosure, or copying is not permitted. This e-mail has been checked for viruses, but no liability is accepted for any damage caused by any virus transmitted by this e-mail. This e-mail address is not secure, is not encrypted and should not be used for sensitive data.

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Sun, Jun 8, 2025 at 8:11 PM

To: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>

Thank you <3

From: **NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)** <NICHOLSONE2@parliament.uk>

Date: Sun, Jun 8, 2025 at 9:49 PM

To: Katharine Murphy <DrKMurphy@ieee.org>

Pleasure - keep getting happier little by little please

Sent from [Outlook for iOS](#)

From: Katharine Murphy <DrKMurphy@ieee.org>

Sent: Sunday, June 8, 2025 8:11:48 PM

To: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Mon, Jun 9, 2025 at 8:45 AM

To: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>

miraculously, usually I'm happy ... sometimes it just gets so overwhelming ...
the worst is when I tell someone what's happening and they become inconsolable, usually women, usually because something i've said triggers them .. and then I realize again how outrageous it is i'm dealing with all this all alone
With love, Katharine

From: **NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)** <NICHOLSONE2@parliament.uk>

Date: Mon, Jun 9, 2025 at 9:47 AM

To: Katharine Murphy <DrKMurphy@ieee.org>

Katharine,
If you were my constituent I would ask you to follow my suggestions implicitly.

Sent from [Outlook for iOS](#)

From: Katharine Murphy <DrKMurphy@ieee.org>

Sent: Monday, June 9, 2025 8:45:12 AM

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Mon, Jun 9, 2025 at 10:00 AM

To: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>

And the suggestion is to do nothing? To be happy? I am. To take dancing and music courses? I do this anyway.

To see a doctor? Not necessary.

To live through a continual hell born of woman-hating from rape-gangs in 1989 to porn-gangs in 2025, and it never ends?

Few survive this, statistically. But there are many 1000s of us; here and in Spain.

I have God.

And I practice a trauma therapy which builds resilience.

From: **NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox)** <NICHOLSONE2@parliament.uk>

Date: Mon, Jun 9, 2025 at 12:25 PM

To: Katharine Murphy <DrKMurphy@ieee.org>

Warmest good wishes always Emma

Sent from [Outlook for iOS](#)

From: Katharine Murphy <DrKMurphy@ieee.org>

Sent: Monday, June 9, 2025 10:00:01 AM

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Mon, Jun 9, 2025 at 1:11 PM

To: NICHOLSON OF WINTERBOURNE, Baroness (2nd Mailbox) <NICHOLSONE2@parliament.uk>

Thank you <3 and to you.

From: **Katharine Murphy** <DrKMurphy@ieee.org>

Date: Fri, Jan 30, 2026 at 9:25 AM

To: <Lauren.Ott2@met.police.uk>, <Marc.Cash@met.police.uk>, <Jan.Lovell@met.police.uk>, <Charlotte.Cadden@met.police.uk>, <NationalStrategicBridgerTeam@met.police.uk>

Cc: Mark Shooter <chair.barnet@reformuk.com>, <care@thetimes.com>, <sanchez@thetimes.com>, <josephine@jobartosch.co.uk>

Hello again,

The porn-gangs of Denia and North London have tried to murder me three times by poisoning now.

I'm still here.

I guess everyone's waiting for them to eventually succeed, or for me to top myself after finding out my Northern Irish spy-husband father starred in one of their sedated specials in 2015.

I tried to apply for asylum in Israel but my computer is so hacked I didn't stand a chance.

Anyway.

I guess you know I'm writing everything I know online in the hope that someone might care one day about children in Spain, and child safeguarding generally again...

Oh, they brain-damaged me so that they could set up what they call "switcheroo porn" at the music school: [Vidal Sastre Sanchez Hornero - Fear & loathing in Las Marinas](#) ... perhaps some of you know about that sort of thing...

I have a lot of God, it seems.

With love,

Katharine

From: **Mail Delivery Subsystem** <mailer-daemon@googlemail.com>
Date: Fri, Jan 30, 2026 at 9:26 AM
To: <drkmurphy@ieee.org>



Address not found

Your message wasn't delivered to **sanchez@thetimes.com** because the address couldn't be found, or is unable to receive mail.

The response from the remote server was:

550 5.1.1 User Unknown

From: **Mail Delivery Subsystem** <mailer-daemon@googlemail.com>
Date: Fri, Jan 30, 2026 at 9:26 AM
To: <drkmurphy@ieee.org>
[Quoted text hidden]

2 attachments



image_123655411.JPG
377K



image_123650291.JPG
142K

This is an automated message.

Thank you for your email. The Times takes complaints about editorial content seriously. To read our complaints policy, [click here](#). We are committed to abiding by the Independent Press Standards Organisation ("IPSO") rules and regulations and the Editors' Code of Practice that IPSO enforces. Correspondence may be published.

Feedback
The Times
thetimes.co.uk/feedback
@TimesFeedback

--

"Please consider the environment before printing this e-mail"

This e-mail and any attachments are confidential, may be legally privileged and are the property of News Corp UK & Ireland Limited on whose systems they were generated. News Corp UK & Ireland Limited is the holding company for the News UK group, is registered in England & Wales under number 81701, has its registered office at [1 London Bridge Street, London, SE1 9GF](#) and is registered with VAT number GB 243 8054 69. If you have received this e-mail in error, please notify the sender immediately and do not use, distribute, store or copy it in any way. Statements or opinions in this e-mail or any attachment are those of the author and are not necessarily agreed or authorised by News Corp UK & Ireland Limited or any member of its group. News Corp UK & Ireland Limited may monitor outgoing or incoming emails as permitted by law. It accepts no liability for viruses introduced by this e-mail or attachments.

News Corp UK & Ireland Limited and its titles are committed to abiding by IPSO's regulations and the Editors' Code of Practice that IPSO enforces.